

SUMMER DIVE CAMP



JERSEY DIVING
ACADEMY

2025



The Jersey Diving Academy (JDA) is again hosting its ANNUAL SUMMER DIVE CAMP!

- A unique experience for area youth (ages 8 – 18) of all levels
- Professional Instruction by TCNJ and JDA dive coaches Eric Blevins and Cathy Mallon
- Grow in skill and technique through training and fitness activities

Session Dates / Costs

Monday August 4 through Friday August 8 (5 instruction days over 1 week)

One session, capped at 10 participants – hurry, spots fill up fast!

\$300 (all participants must have active Amateur Athletic Union affiliation, easy on-line signup)

Practice Venues / Times

TCNJ Aquatic Center at Packer Hall • 2000 Pennington Road • Ewing, NJ 08628

Session 1 (9:00 am to 12:00 pm)

More Information / Sign Up

Contact Coach Eric directly: emailjerseydivingacademy@gmail.com mobile 641-821-9527

In the past 5 years alone, JDA divers have achieved...

- 132 AAU All-Americans
- 9 AAU National Champions
- 7 USA Diving Junior National Qualifiers
- 1 USA Diving National top-12 finalists
- 4 NJ State Champions / 3 PA state champions

... and have been recruited to attend and dive at

- | | |
|------------------------|--------------------------|
| • Duke University | • Georgetown University |
| • The US Naval Academy | • University of Illinois |
| • MIT | • University of Amherst |
| • Colgate | • Rensselaer Polytech |
| • Loyola University | • and many others! |

About Coaches Eric Blevins and Cathy Mallon...

Eric is currently TCNJ's dive coach, led NCAA programs nationwide for 20 seasons, coached the USA team in Sweden (2023), and took JDA to Croatia this past season! He produced 136 collegiate Conference Finalists, 15 Conf. Champs, 14 NCAA Qualifiers, 19 Division I Zone Qualifiers, 3 All-Americans, and 14 Conf. Divers of the Year.

Cathy is a collegiate diving National Qualifier, an inductee in TCNJ's Hall of Fame (2013), and has coached diving for PASDA (rec) and high school over 15 years (NJSIAA Coach of the Year, 2017) - recently at Seton Hall U. (Big East Champion and Coaching Staff of the Year, 2018).